



Clinical Post Covid Society (CPCS) Website: Adult Post Covid Forum Rules

V1.0, 14/Jan/2025

Rules for users of the [Adult Post Covid CPCS Website Forum](#). **Violation of these rules may result in warnings, suspension, or permanent removal from the forum.** Thank you for contributing to a welcoming and respectful community!

1. Respect and Civility

- Treat all members with respect, even if you disagree with their opinions.
- Avoid personal attacks, name-calling, or inflammatory remarks.
- Harassment, discrimination, or hate speech will not be tolerated.

2. Stay On Topic

- Keep discussions relevant to the forum's purpose and the topic of the thread.
- Avoid spamming, derailing conversations, or posting unrelated content.

3. Use Appropriate Language

- Refrain from using offensive or profane language.
- Avoid posting explicit, violent, or otherwise inappropriate material.

4. Privacy and Confidentiality

- Do not share your own or others' personal information (e.g., addresses, phone numbers, or sensitive data).
- Respect the privacy of other members and refrain from sharing private messages without consent.

5. No Solicitation or Advertising

- Do not use the forum to promote products, services, or external links unless explicitly permitted by the forum administrators.
- Any promotional content must be approved in advance.

6. Protect Intellectual Property

- Do not post copyrighted material without permission.
- Provide proper attribution for any content, images, or quotes you share.

7. Report Violations

- If you see inappropriate behaviour or content, report it to the moderators instead of engaging with it.
- Misuse of the reporting feature is prohibited.

8. Follow Moderator Guidance

- Respect decisions made by forum moderators. Their role is to maintain a positive and safe environment.
- If you have concerns about moderation, contact the administrators privately.

9. Account Responsibility

- You are responsible for all activity under your account. Do not share your login credentials.
- Keep your profile information accurate and up to date.

10. Compliance with Laws

- Do not engage in illegal activity or post content that encourages unlawful behaviour.
- Content that violates local, national, or international laws is strictly prohibited.